



DORE PRE SCHOOL

2021 - 22 TERM 2 MENU



WEEK ONE		GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEKS COMMENCING: 03/01/22 : 24/01/22 : 14/02/22 : 07/03/22 : 28/03/22	Main Course	Vegetarian Chilli with Mixed Rice and Mint Yoghurt	Classic Pasta Bolognese & Garlic Bread	Roast Chicken with Roast Potatoes, Stuffing & Gravy	Creamy Chicken & Butternut Korma Curry & Mixed Rice	Fish Fingers with Chips & Optional Lemon Slaw or Tomato Sauce
	Vegetarian Main Course	Wholemeal Margherita Pizza Slice with Jacket Wedges	Vegetarian Mince Spaghetti Bolognese & Garlic Bread	Quorn Roast with Roast Potatoes, Stuffing & Gravy	Vegetable Korma with Mixed Rice	Crispy Vegetarian Burger with Chips & Optional Lemon Slaw or Tomato Sauce
	Halal		Halal Lamb Pasta Bolognese & Garlic Bread	Halal Chicken Breast with Roast Potatoes, Stuffing & Gravy	Halal Creamy Chicken & Butternut Korma Curry	
	Vegetables	Green Beans & Sweetcorn	Broccoli & Roasted Vegetables	Cauliflower & Seasonal Greens	Soy Glazed Vegetables & Carrots/Mixed Salad	Baked Beans & Garden Peas
	Dessert	Orange & Banana Traybake	Apple Flapjack	Tropical Crumble with Pineapple, Mandarin, Peaches & Cream	Watermelon & Pineapple Slices	Chocolate Cookie
WEEK TWO		GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEKS COMMENCING: 10/01/22 : 31/01/22 : 21/02/22 : 14/03/22 : 04/04/22	Main Course	Wholemeal Margherita Pizza with Herby Diced Potatoes	Cheesy Ham & Broccoli Spaghetti with Herby Focaccia	Roast Chicken with Yorkshire Pudding, Roast Potatoes & Gravy	Shepherds Pie	Crispy Breaded Fish Fingers & Chips with Tomato Sauce
	Vegetarian Main Course	Smoky Spiced Vegetable Stew with Mexican Rice & Homemade Tortilla Chips	Chinese Vegetable Curry & Mixed Rice & Naan	Roast Vegetarian Balls with Yorkshire Pudding, Roast Potatoes & Gravy	Creamy Baked Macaroni Cheese	Vegetarian Hot Dog with Onions & Chips with Tomato Sauce
	Halal		Cheesy Halal Chicken & Broccoli Spaghetti with Herby Focaccia	Halal Chicken Breast with Yorkshire Pudding, Roast Potatoes & Gravy	Halal Shepherds Pie	
	Vegetables	Sweetcorn with Peppers & Garden Peas	Green Beans & Cauliflower	Carrots & Savoy Cabbage	Broccoli & Roasted Winter Vegetables	Baked Beans & Garden Peas
	Dessert	Oaty Raisin Cookies with Watermelon Slice	Cinnamon Pear Upside Down Cake with Chocolate Drizzle	Jam Tart & Custard	Lemon & Blueberry Yoghurt Cake	Brownie
WEEK THREE		GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEKS COMMENCING: 17/01/22 : 07/02/22 : 28/02/22 : 21/03/22 : 11/04/22	Main Course	Vegetarian Meatballs with a Mediterranean Tomato Sauce & Fluffy Cous Cous	Traditional Toad in the Hole with Mashed Potatoes & Gravy	Roast Chicken with Mashed Potatoes, Stuffing & Gravy	Mild Piri Piri Chicken & Lentil Bake with Mixed Rice	Classic Friday Fish & Chips with Tomato Sauce
	Vegetarian Main Course	Wholemeal Margherita Pizza with Baby Baked Potatoes	Vegetable & Wholewheat Tortilla Lasagne	Quorn Roast with Mashed Potatoes, Stuffing & Gravy	Tomato, Basil & Courgette Pasta Bake	Mozzarella & Fresh Tomato Melt with Chips & Tomato Sauce
	Halal		Traditional Halal Chicken Toad in the Hole with Mashed Potatoes & Gravy	Halal Chicken Breast with Mashed Potatoes, Stuffing & Gravy	Mild Piri Piri Halal Chicken & Lentil Bake with Mixed Rice	
	Vegetables	Mixed Vegetables & Garden Salad	Green Beans & Cauliflower	Wok Bashed Vegetables & Carrots	Broccoli & Sweetcorn	Baked Beans & Garden Peas
	Dessert	Chocolate Shortbread with Apple Smiles	Carrot Cake Cookie	Peach Shortcake Bar & Custard	Watermelon & Pineapple Slices	Lemon Slice

Yoghurt and fruit will also be available each day as an alternative to dessert. A selection of breads, salads and fresh drinking water will be available daily.

Colours in the left column represent the band your child should choose for the meal that day